

“Om Sri Uma Parthiveswara SwaminE Namaha”

# Sahasra Lingarchana

## Preparation Booklet

Bodapati, Chandra Sekhar

Contacts:  
1268 Tioga Drive  
Irving, TX – 75063  
USA

[chanduanil@hotmail.com](mailto:chanduanil@hotmail.com)  
[chandubodapati@gmail.com](mailto:chandubodapati@gmail.com)

[www.shambhoshankara.com](http://www.shambhoshankara.com)

2/15/2023





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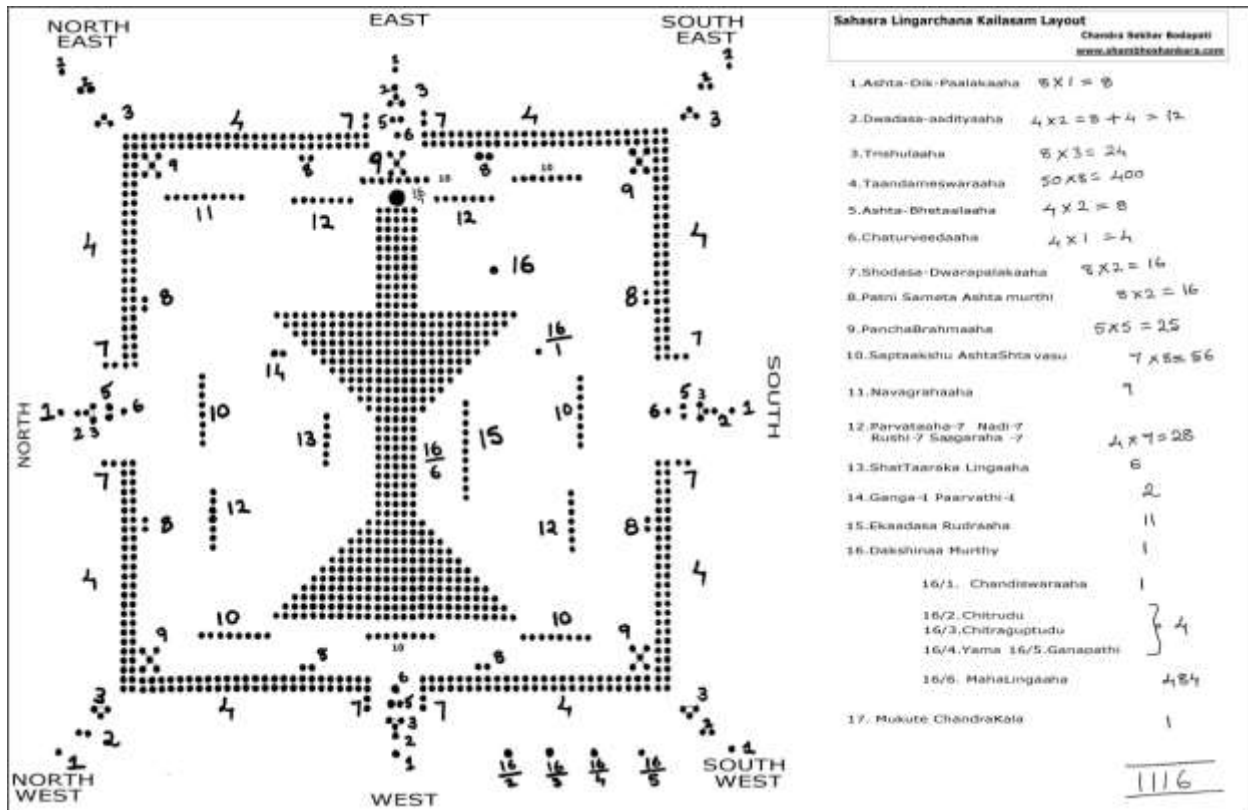
# 1. Introduction

## a. About

Sahasra Lingarchana is a unique vedic ritual to worship lord Siva in the name of “Uma Pardhiveswara Swamy”. It is performed by making 1,116 mruthika siva lingas also called as Parthiva lingas that are made out of well prepared and sanctified clay. All these siva lingas are arranged in the form of Kailasa prasthara yantram which is a depiction of Siva Kailasam with 16 avaranas and 1,116 Rudra swaroopas. Siva Shakti is invoked into each Siva lingam thru vedic mantras and beejaksharas during Shodasa Aavarana puja and worshiped with great devotion and bhakti to seek the blessings of Sri Uma Pardhiveswara Swamy for health, wealth, prosperity, bliss and ultimate mukthi.

## b. Kailasa prastharam / yantram

According to our Siva Maha Puranam, it is said that our lord Siva and goddess Parvathi reside in Kailasam which is surrounded by 16 aavaranas. Each avarana contains a set of Rudra swaroopa devata ganas. There is a well-defined name for each aavarana and the respective devata ganas in the Sahasra Lingarchana kalpam as shown below. Refer to Annexure A: Sahasralingarchana Kailasa Prastharam Layout document and backdrop pictures



### c. Manah Sankalpam

All those who wanted to perform this great ritual Sahasra Lingarchana need to have strong desire, will power and manah sankalpam to perform or participate in this. You may be able to wish, think, plan, organize and spend lot of time and money. But it will happen only thru his blessings. So, we need strong manah sankalpam or desire to perform this puja and appeal to him well for his blessings to shower on you to be able to do it successfully.

Once decided, on an auspicious day pack 3 cups of rice and some small amount of money in a white cloth and place it in front of Lord Ganapathy in your home. Offer prayers to him with devotion to bless you with your wishes to come true with no hurdles and complete the Sahasra Lingarchana puja successfully as planned. We need to cook Vundrallu / Kudumulu for Ganapathy on the Srushti day with this rice.

### d. The program

The main component in Sahasra Lingarchana is to make 1,116 mruthika / clay Siva lingas. To make these many Siva Lingas out of clay we need about 3 to 5 hours. As this is a big task, we can make these few days or one week in advance with a group of devotees. Once siva lingams are made, we can do alankaram by putting vibhuti namam and kumkuma tilakam. When 1,116 Siva lingas are ready, arranging in Kailasa prastharam take about 30 minutes on a pre-printed flex sheet. After everything is ready, the Sahasra Lingarchana program from Ganapathy puja to homam takes about 10 hours. Everybody should be prepared well with physical and mental ability to devotedly focus in the puja well.

Here are the main program details and rough time estimates.

1. Ganapathy puja (30 min)
2. Sankalpam (30 min)
3. Mahanyasam (1.5 hrs)
4. Sahasra Lingarchana (1.5 hrs)
5. Ekadasavara Rudra Abhishekam (3.5 hrs)
6. Rudra Homam (2 hrs)

Refer to [Annexure Q: Radio Speech on Sahasra Lingarchana](#)

### e. FAQs

#### 1. Who can do?

Unto me, worshiping God is everybody's fundamental right. Lord Siva is everybody's own. Anyone with bhakti and devotion can perform this puja. Whoever wishes to do this must remember it needs some self-discipline and preserve the sanctity of this puja by observing pleasant environment, devotional and religiously inclined devotees group (satsangam), traditional attires, sanctified vegetarian foods and drinks etc. Remember it's not another party.

For performing Rudra Homam, it's defined in vedas and scriptures that only those with a culture of wearing Yagnopaveetam / Janoi can do it. Others also can do it with the assistance of pundit for offering ahutis. Everyone can certainly be part of the Homam and reap all the benefits thru participating, contributing, and helping, listening, watching and even breathing the sanctified air in the premises depending on your interest.

## 2. When can we do this?

Any time you wish to perform Sahasra Lingarchana is always a good time as he neither likes nor dislikes a particular day although many people tend to do it on auspicious days in the month of Karthikam.

## 3. How is it done in India?

Generally, in India Sahasra Lingarchana is performed by preparing the mruthika siva lingams in a very small grape size as Baana lingams with a group of pundits on the same day of the puja while chanting Mahanyasam and Rudra parayanam in an hour or 2 hours span. We arrange them on a small wooden plank in Kailasa prastharam on a wet towel and place the plank in slanting position leaning into a tumbler. We perform Sahasra Lingarchana and Ekadasavara Rudra Abhishekam to the Sahasra Lingas on the wooden plank. All the holy water and abhisheka teertha jalam will be collected into the tumbler which is given to people as teertham later. Rudra homam will be performed after that in the evening. We all should recognize it's never a one man show and we get all the help and support needed in India due to availability of many pundits.

## 4. How do we do it abroad?

To give the opportunity to participate and enjoy SivaAnandam all together under one roof, all the interested devotees make mruthika lingams by carving out of hand or by using small 2-piece mold in an evenly shape and size while chanting "Om Namah Sivaaya" panchakshari nama mantram, bhajans or rudra parayanam together. Because all the devotees take their own time, it's suggested to make these muruthika lingams few days in advance and decorate each siva lingam with vibhuti and kumkuma tilakam on both sides.

Next, to give opportunity to all the interested devotees to sit around the Kailasa prastharam and do the Sahasra Lingarchana, we arrange the mruthika lingams on a bigger size wooden plank by placing a flex pre-printed sheet.

As you know most of the houses in abroad have carpet or wooden floors. To be safe from water damages and fire accidents, we arrange multiple sets of deep dish trays made of aluminum or steel as needed around the Kailasa prastharam. We put separate Siva lingams or Saligramas in each tray to perform the abhishekam by each devote family or group. This gives opportunity to perform abhishekam to all those attended the program.

Finally, Rudra Homam will be performed in a safe way on tiled area in the house or in the covered backyard patio by host or by pundits on behalf of host.

### 5. Why is it done this way in abroad?

Now-a-days, as you know due to various businesses, trades, family and employment reasons we have devotees spread across the world. We are now a global family with many friends and relatives from various cultural, different religious practices and family backgrounds. In order to be able to perform this Sahasra lingarchana or any puja for that matter as a group and enjoy SivaAnandam all together under one roof, we certainly need some accommodations. Instead of not doing it, it's always good to do in an acceptable way to accommodate all people from various castes, creed, sex and age groups to worship Lord Siva and enjoy SivaAnandam.

Remember Bhakti and devotion always plays a pivotal role in all our prayers at all times. It is well said and I too believe in that any puja performed as a group gives more vibration and good results to all the participants and the society. Group participation will also give good understanding and opportunity to all of us and our children to learn more and more about our Indian culture, traditions, religious beliefs and practices. They can adopt and carry it forward to future generations although being abroad.

***Sarwam Brahma mayam jagath***

***Sarwam Khalvidam Brahma***

He is everywhere and in everyone.

In a way he in you is doing the puja to himself everywhere and just giving credit to so called **you**

**But there is no you ☺**





## 2. Srushti

### a. Preparation

Srushti describes the part of creating Mruthika Siva Lingams. Few days in advance, we need to collect fine clay preferably black or red soil and remove any stones, wood picks and grass from it. Using a hammer break lumps and using a strainer filter into fine grain to easily mix with water and other material later. It is recommended to collect adequate quantity of this fine soil well prepared in advance.



*Strainer*

All the participants attending to make Siva Lingams must come after full shower from head to toe, carefully dressed to work with clay and apply bhasmam and tilakam on fore head. Select a right place preferably car garage or back yard where you can comfortably sit, work, clean easily and does not spoil carpets / floors to make these Siva Lingams.

**IMPORTANT:** It is recommended to have 2 or 3 dedicated and responsible people to provide safety watching and emergency solution services during the entire event. These services are very important and include but not limited to watching kids in and outside, control of food and drinks movement, water spills, wet floors, observing fire safety during homam and at deepa alankaram, refueling the deepams, proper ventilation and air conditioning, safety in kitchens, safety precautions with electric wires, flash lights and cameras etc. All devotees attending must be notified to observe extra safety precautions with their attire when dealing with fire involved activities as most of the people wear silk clothing.

### b. Ganapathi puja

Siva Lingams making day starts with Ganapathi puja and Vundrallu / Kudumulu nivedyam with the rice packed during Manah Sankalpam. Refer to *Annexure C: Items list for "Ganapathi Puja"*. Offer prayers to Lord Ganapathi to help you at all times in successfully performing the Sahasra Lingarchana and whole heartedly invite him to be part of the puja as Brahma; the head priest.



*Vundrallu / Kudumulu nivedyam*

Ganapathi puja can be followed by Punyaha vachanam / Varuna puja and Panchagavya prasanam with Cow milk, curd, ghee, mutram and mayam to sanctify the house and our inner body.

### c. Bhoomi puja

The fine grain clay is to be sanctified with Bhoosuktam and sprinkle a pinch of turmeric and kumkum from Ganapathy puja. Mix the clay with adequate quantity of water and thoroughly mix it to turn it into soft wet clay like chapati floor. Let all the devotees offer their prayers and small pinches of each of the list of materials described in Annexure D: Items list for "Making Mruthika Lingas" into the clay mixture while chanting "Om Sri Uma Parthiveswara SwaminE Namaha" mantram. I recommend mixing reasonably big amount of Sesame oil and little cow Ghee to the clay mixture to retain the softness.

### d. Making Mruthika lingas

Once the clay preparation is thoroughly mixed and made ready, all the devotees group can start making Siva Lingams by hand carving them or use molds to make them consistent in small shape and size as needed quickly. If you have at least 25 molds and 25 people making them you should be done in 4 hours roughly.

Please refer to Annexure B: Sivalingam molds

We need 1,116 Mruthika lingas for puja. But anticipating some discards due to breakages and cracks, it's ideal to make 1300. Additionally, one can hand carve Nandi the bull to place in front of the Maha Lingam and 4 comparatively bigger sized siva lingams for placing at Ganga, Parvathi, Dakshina moorthy and Chandra kala's place in 1,116 Sahasra Linga Kailasa Prastharam. Ensure to grade them for good quality with neat look and feel while making to avoid more discards down the line. Collect and place all the perfected Siva lingams into trays or cardboard planks in 10 X 10 matrix sets to leave them untouched to get them dried up.

Enjoy making Siva lingas while chanting Rudram, "Om Namah Sivaya", "Om Sri Uma Parthiveswara SwaminE Namaha" mantram, singing bhajans and listening to Siva Maha Puranam pravachanam etc. Do not entertain any food in the making area to maintain sanctity of the work being done. People leaving for food, drinks and nature calls should wash their hands and feet or take baths as appropriate before resuming their Siva Lingam making work. No need to water Siva lingas after they are made to avoid cracks. Finally upon completing the making of Siva Lingams, the devotees can offer Aarati and prayers before they leave for the day.

### e. Alankaram

Once the Siva Lingams are ready, carefully check each Siva Lingam for good quality and apply wet vibhuti bhasmam and wet kumkuma tilakam as alankaram on both sides of the Siva Lingam while holding the Soma Sutram horizontally. We apply bhasmam and tilakam on both sides of the Siva Lingam as

alankaram so that it can be seen well by all the devotees sitting around the big Kailasa prastharam layout.



## 3. Sthiti

### a. Preparation

The day before to the Sahasra Lingarchana, a selected small group of devotees assemble at event celebration place after taking full bath, neatly dressed and applying vibhuti and kumkuma tilakam in preparation to arrange the mruthika siva lingams in Kailasa prastharam. Verify the list of items and move all the siva lingams and items close to the puja room.

Please refer to *Annexure E: Items list for "Kailasa Prastharam / Yantram" arrangement document.*

Plan your team as Helpers to move stuff around and assist, Placers to place siva lingams in an organized way and Quality check to monitor the alignments, verify the correct counts, look and feel aspects. Measure the base width and base height of the siva lingam made. Calculate the size the kailasa prastharam as 65 times horizontal base width and 65 times vertical base width of the lingam to get an estimate of the area of your layout. Add additional 2 inches extra on all sides on the plank for error corrections. This should help you to find the size of cloth and plank needed.

Ideally you need 8ft x 8ft table of 1ft height. You can make them in 4 small tables of size 4ft x 4ft each to join them together. Use a preprinted 6ft x 6ft size flex sheet with kailasa prashtara yantram to easily place siva lingams and reuse that table and flex sheet for next time sahasra lingarchanas.

### b. Arranging in Kailasa prastharam

Identify the correct directions in the room. Place the right sized wooden planks or card boards on the table or ground as planned each side facing the correct East for top, South, West for bottom and North directions. Review the kailasa prastharam layout document and visualize how the plank needs to be placed and how the Sahasra Lingarchana Kailasa prastharam will be arranged in your premises beforehand. The host or yajaman and family should be sitting at the bottom of the kailasa prastharam West side and facing East. Leave adequate space of around 3 or 4 feet for accommodating all other devotees to sit around the layout in all directions with puja items plate etc. Maintain strict directions to arrange the layout as depicted in the picture while hosts and devotees can shift their places to sit around as per their conveniences and premises restrictions.

After placing the plank on the floor, wrap it with flat sheet of white cloth and fold back excess cloth under the bottom of the plank using clips. While all devotees chanting ganapathi mantram, hosts should apply wet turmeric and tilakam to the cloth in the center and all 8 directions. The Placers team should start placing the mruthika siva lingams from the center in all directions in a planned way so that you do not need do revisit to move them in the center. Helper's team help in supplying the siva lingams and Quality check team ensure alignments, beautification, cleanliness and counts. Ideally the central Maha Siva Lingam should be placed well first, count them and then arrange all avaranas around it. Once



perfected, the Tandameswaras should be placed around as a boundary and complete with outer avaranas layout. At the end double check the counts in each avarana and ensure people do not touch or add any more siva lingams later. Remember to place the special sivalingams and Nandeewara made as and when needed.

**Note:** For any reason if the room / temple area is not convenient to accommodate the directions, please feel free to turn the kailasa prastharam layout and assume new directions as normal 😊

### c. Alankaram

Finally, apart from the kailasa prastharam, a separate table needs to be arranged for Ganapathi close to the premises. Place a Ganapathi moorthi, on a beetel leaf with turmeric Ganapathi and a picture frame of lord Siva Parvathi as available on that table. Refer to [Annexure M: Lord Siva Photos](#). Take a round bottom vessel made of silver, copper, pancha loham etc. fill with water for puja kalasam, pore 2 spoons of elachi and cloves powder, pinch of edible camphor and saffron, drop some copper coins, gandham (sandal wood powder), akshatas and flowers into it. Apply turmeric and kumkuma tilakam outside of the vessel, put 2 beetel or mango leaves in the kalasam. Complete the garlands and other decorations to Maha Siva Lingam on Kailasa prastharam and other kalasa table deities. Please make all arrangements with deepams, bottom plates, twigs and ghee or oil, dhoop sticks placed, match box lighters as needed. Place all the puja items as per the given lists in separate boxes ready to access as per your convenience. Get a plate with good amount of wet vibhuti and kumkuma tilakam cups and place it at the entrance door on a table for all the devotees to apply before they enter into the premises. Ensure your preparations are in a ready to start puja state with water and puja glasses and plates ready.









*Bounce house for naughty kids in back yard ☺  
Puja preparations*

## 4. Archana

### a. Preparation

This is really the day of Sahasra Lingarchana puja. Invite all the participants to be in traditional attire at the premises by 5:00am in the morning after taking full head to toe shower. Offer wet vibhuti and kumkuma tilakam to all at the entrance to apply on their fore head. Whoever has yagnopaveeta sampradayam must complete Sandhyavandanam and other nitya karmanusthanams before the puja begins. Priest on site can also help those people if need be, to perform Sandhyavandanam which starts sharp at 5:00am. Meanwhile double check all the puja items in boxes at the puja place, keep them handy and get ready for puja by 5:30am. All participants must sit with their puja plate around the kailasa prastharam with family accommodating all the participants as close as possible leaving some space without touching the kailasa prastharam.

### b. Ganapathi puja

The priests who are attending to perform the puja are always honored with great respect and devotion and called as “Brahma” throughout the day. Host’s Gruha Lakshmi or devotees will inaugurate the event by lighting all the oil or ghee deepams. Ganapathi puja and kalasha puja will be performed praying to remove all obstacles in our life and the event. Sankalpam will be chanted with all the names and gotrams of the participants in this process. Refer to *Annexure C: Items list for “Ganapathi Puja”*

### c. Mahanyasam

“Naa Rudro Rudramarchayeeth” means one should not worship lord Shiva without realizing that you are Rudra yourself. Mahanyasam is the process of cleansing the environment, premises, our body parts, mind etc. and invoke Rudra devathas on all parts of our body to symbolize and make one realize that we are swayam Rudra ourselves before we worship lord Siva in the form of Uma Parthiveswara Swamy. Mahanyasam gives total body protection, good state of mind and health in our life. Participants should observe and follow Brahma and other Ruthviks to touch and clean their body with mantram as they perform. Please circulate “Namashambhavecha” Mantram to all devotees to chant during Dasanga rowdreekaranam and Shodasanga rowdreekaranam.

Refer to *Annexure L: “Namashembhavecha” mantram.*

Upon completing mahanyasam, everyone should understand, realize, believe, feel and live in the state of “Aham Brahmasmi” to enjoy Siva Anandam.



#### d. Shodasavarana puja

Refer to [Annexure G: Items list for "Sahasralingarchana"](#)

Lord Siva and goddess Parvathi reside in Kailasam which is surrounded by many Rudra swaroopa devata ganas in 16 avaranas. Shodasa Avarana puja is the process of invoking Rudra swaroopa devata shakti in all 1,116 mruthika sivalingas arranged in kailasa prastharam with 16 avaranas by each one's name and respective mantras. We invite them into the kailasa prastharam and do shodasa upacharams to worship them. Have copies of the kailasa prastharam layout document handy and follow the Brahma to identify, offer the fruits and flowers, and perform puja at each specified devatha murthy in each avarana when directed. To perform Shodasavarana puja please refer to [Annexure P: SahasraLingarchana Puja Kalpam step by step guide.](#)

Once this is complete, you'll have 1,116 Rudra devata swaroopams with Maha Linga swaroopa Uma Parthiveswara swamy in the kailasa prastharam at your house. This becomes the pivotal point of the entire universal energy and universal consciousness. Imagine the great opportunity of every one participating in such event to receive the universal energy as blessings. The mahanyasam is the process to tune your mind and body to absorb this high frequency universal energy present in Kailasa Prastharam which is invoked thru vibrant vedic beejakshra mantras during prana prathistha. So, it's very important to be part of such event and participate with great bhakti and devotion.



## 5. Abhishekam

### a. Preparation

Once the Shodasavarana puja is complete, all the participants will move away and make arrangements for placing the trays around the Kailasa prastharam with Siva Lingams or saligramas to perform abhishekam. Depending on the number of individuals or families who signed up for performing abhishekam, arrange required number of trays with a Siva Lingam in it. Let there be one separate tray with Siva Lingam for host to perform abhishekam for all 11 Rudrams. We perform Ekadasavara Rudra Abhishekam which means the Rudram will be chanted 11 times. So, using one tray 11 families can perform abhishekam as one family per one Rudram one after the other. In case you have 50 registrants, having 4 trays will accommodate  $4 \times 11 = 44$  and by adjusting 6 here and there as multiple families per tray will help all 50 to participate. Please refer to [Annexure J: Abhishekam participants signup template document](#). Have a big tumbler or container ready to collect abhisheka teertham from all plates periodically to avoid spills from each tray. Refer to [Annexure H: Items list for "Ekadasavara Rudrabhishekam"](#).

When needed, people participating in puja including hosts, Brahma and Ruthviks can take small quantity of milk, butter milk, fruits or fruit juice just enough to concentrate on puja rather than growling stomach☺ and return to puja premises after washing hands and feet.



Sivalingam and Salagramam



Abhishekam box and tray arrangement

### b. Ekadasavara Rudra Abhishekam

Rudra Namakam and Chamakam are chanted while performing Rudra abhishekam to lord Siva. Chamaka patham has 11 anuvakams or paragraphs. Chanting complete Rudra Namakam once and chanting 1<sup>st</sup> Chamaka anuvakam followed by shodasopachara puja and harathi completes 1<sup>st</sup> varabhishekam. Likewise repeating this for all 11 anuvakams of Chamakam is said to be Ekadasavara Rudra Abhishekam.



This process takes about 2.5 to 3 hours. So, it's good and recommended to have as many Rudram chanters as we can who chant with good swaram (rhythmic vedic notes) to produce healthy and positive vibrations. There is a well-defined set of items to be used signifying the results we get during Rudra abhishekam.

Always perform abhishekam with one item at a time followed by abhishekam with water for each of the items you have. Remember to involve completely with bhakti and shradha as they are very important while doing any puja. Chant "Om Namah Sivaya" in mind for each offering you give. Perform abhishekam with the items you have while Namakam is being chanted and stop everything and just offer namaskarams with devotion while Chamakam is being chanted as it's the phalasaruthi part. Occasionally during each Rudram, host or Brahma will perform abhishekam to the 1,116 mruthika lingams in Kailasa Prastharam by gently sprinkling Ganga water using beetal leaf or flower.

One group of people will plan and arrange juice trays equal to twice the number of abhishekam trays with small quantities of abhishekam juice items in glasses to alternatively reuse for each Rudram. One organizer should plan and manage to invite the registrants per each Rudram to take one juice tray and get to their respective allotted abhishekam tray as per the planned signup sheet to avoid time wastage.



*Rudram Chanters chanting Rudram during Abhishekam*

### **c. Shantivara Abhishekam**

Shantivarabhishekam is performed while chanting Sri sooktam, Purusha sooktam and Manyu sooktam. Only water from poorna kalasha kumbham needs to be offered in all abhishekam trays during this Shantivarabhishekam. This concludes abhishekam part and proceed to Cleanup and Alankaram.

While deities get ready for punah puja with cleanup and alankaram, all the Ruthviks and Rudram chanters together continue to chant Dasashanti and Ghosha Shanti mantras.

#### **d. Cleanup**

Abhisheka teertham from all trays should be emptied into the container carefully. The siva lingams and saligramas from all trays are collected into a tray and washed with lemon juice, rinsed with hot water and wiped with paper towel. One group of volunteers cleanup the premises around Kailasa prastharam and make arrangements with a table for placing all the siva lingams and saligramas for Alankaram and Punah puja. Preferably, as the poorna kalasa kumbham is removed from Ganapathy puja table, that's the best place to reuse.

#### **e. Alankaram**

Decorate all the cleaned up siva lingams and saligramas used for Abhishekam with sandal wood paste and kumkuma tilakam. Place them in a new tray decorated with flowers, Rangoli Flower (muggu) drawn with rice floor, kumkum and turmeric. Never touch or remove or displace any of 1,116 sivalingams in Kailasa Prastharam.

#### **f. Punah puja**

Brahma will perform punah puja with shodasopacharams to all the deities using Rudra Trishati.

A small group of volunteers and Ruthviks should move to Homam area to make arrangements like preparing ghee by heating up, getting cooked rice ready in a bowl, readying puja patras with water, opening Homam items packets and putting them in bowls, opening doors, windows and muting fire alarms etc.

Ruthviks in this group should start Arani Agni Madhanam program to prepare fire while chanting Rudram. Once fire is produced, ensure to safe guard it in a special bowl by adding small amounts of camphor, twigs and dry coconut pieces.

#### **g. Maha Nivedyam**

All food, fruits and sweets collected along with water should be offered as Maha Nivedyam. Darbaru seva follows with a song from devotees, chatur veda mantras and Ghana patham by Brahma and Ruthviks.

#### **h. Mantra pushpam**

Distribute flowers to all the devotees to hold and offer their prayers while mantra pushpam is chanted. Everyone offers their flowers of prayers to lord Siva and Brahma concludes the Sahasra Lingarchana puja with Harati.





## 6. Homam

### a. Preparation

Refer to *Annexure I: Items list for "Rudra Homam"*. By this time, it should be little late afternoon. To accommodate kids, adults with special needs and elderly devotees, it is suggested to move the maha prasadam food to the designated dining area to enjoy. Maha prasadam place near puja should be cleaned with wet towel after uttaraprasana. People after taking lunch should not participate in performing Homam offering havissu in fire but can just sit aside, watch, pray and be part of the viewers. People returning after eating lunch, must wash their hands and feet before returning to puja premises. Strictly no food should be served or allowed in the puja or homam area to maintain sanctity.

When needed, people participating in Homam including hosts, Brahma and Ruthviks can take small quantity of milk, butter milk, fruits or fruit juice just enough to concentrate on puja rather than growling stomach☺ and return to puja premises after washing hands and feet.

Verify all the preparations, items check list etc. for Homam before we start. Also, ensure the fire alarms are silenced, enough ventilation is provided for smoke to go out by opening doors and windows. It is strictly recommended to keep a bucket of water with a mug or a direct hose ready to use in case of any emergency. Please have a dedicated person who will always ensure that the fire is active and control it while watching for safety and be vigilant to avoid any fire related accidents. Alert the participants to watch out their silk clothing and be extra cautious during Homam. It is recommended NOT to wear silk clothing during Homam instead wear cotton clothing to be safe and be vigilant always.

### b. Shatpatram

As part of Sahasra Lingarchana, Rudra Homam is performed using Shatpatram procedure using 6 resources namely Srukku, Sruvam, Aajyam, Annam, Dalam and Dhanyam namely 6 patralu or vessels.

### c. Rudra Homam

Rudra Homam will be performed by reciting Namakam with swahakaram, reciting complete Chamakam once with one swahakaram followed by Purusha sooktam while offering Aajyam (Ghee) by yajaman and other items by others.

### d. Jayadi Homam

Jayadi homam and Prayaschitta homam is performed next.

### e. Poornahuti

Poornahuti is the process of offering poorna phalam dried coconut along with many herbs, seeds, nava ratna and nava dhanyam in a red silk cloth while pouring ghee continuously as dhara using vasoddhara and chanting Chamakam mantras.

### f. Nivedyam

Fresh cup of ghee is offered to Lord Agni deva as nivedyam and a cup of curd rice is offered as nivedyam for people to take as prasadam to devotees later. Yagneswara udvasana will follow next and this concludes the Rudra Homam program.

### g. Teertham & Mahaprasadam

At the end, aseervachanam is done to Hosts family and everybody is offered abhishekam teertham, homa tilakam and prasadam. During this process everybody offers their dakshina to guru brahma and take blessings from them for good health, wealth and prosperity.

Brahma will perform udvasana to the Uma Parthiveswara Swamy in Kailasa prastharam to proceed further.

Mahaprasadam can be served to priests and rithviks in private and rest of the devotees shall follow to group lunch.







## 7. Anandam

### a. Preparation

After taking lunch and having a quick break, in the evening do a quick cleanup and make arrangements to sit around Kilasa Prastharam. People can take pictures and video while preserving the sanctity of the premises when needed without disturbing the event. You can distribute the photos to all and enjoy Siva Anandam with these memorable moments at all times.

### b. Bhajans and Nama Sankeertanam

Couple of hours before sunset all the devotees can assemble back around Kilasa Prastharam to sing bhajans and nama sankeertanam after washing hands and legs. Devotees can sing solo songs, group bhajans, chant Vishnu Sahasra Namam, Lalitha Sahasra Namam etc. at your convenience.

### c. Haarati

At end give haarati and offer some fruits as nivedyam.

### d. Nivedyam and Prasadam

Distribute fruits prasadam to all devotees after Nivedyam at end.

### e. Udvasanam

Brahma can perform udvasanam to all the deities at end concluding the program and safely relocating the lit deepams safely to a puja place.

















## 8. Layam

### a. Preparation

Gently collect all the 1,116 mruthika siva lingams and flowers etc. from Kailasam layout in a separate tray. Please collect all the left over puja akshatas from the Kailasa prastharam in this process, separate them into a bowl by dusting them until you get just the akshatas and offer them to all devotees to preserve and use during birthdays and holy occasions in their home to bless children, themselves and others throughout the year. A packet of small size “zip lock” covers will be handy here for people to take them home. Please offer these akshatas, fruits, flowers with a souvenir to the devotees before they leave to home. Please refer to Annexure O: Souvenir template document.

### b. Visarjanam

Leave all the 1,116 mruthika siva lingams, flowers etc. in nearby lake, pond, river or sea waters while offering your prayers. Never let people take any of these Siva Lingams to their home as they may be spoiled or abused otherwise unknowingly. Offer the Kailasa prastharam blanket to yajaman as a gift which can be used as a holy recovery blanket during sick times. Yadbhavam tathbhavathi 😊

Note: All this guidance is written with the personal experience from doing Sahasra Lingarchana in USA from many years, accommodating the circumstances, prevailing conditions, diverse participants and preserving the sanctity of the vedic ritual. If you find any mistakes, all of them are solely mine and I beg your pardon at all times. I'll be glad to accept and accommodate any genuine corrections you may have for me. Refer to Annexure S: Contact References.



**Sarvejana Sukhinobhavanthu**  
**Samastha Sanmagalanisanthu**  
**Sri Uma Pardhiveswara Swami karuna kataksha siddhirastu**  
**Om Shanthi Shanthi Shantihi**

# 9. Annexures

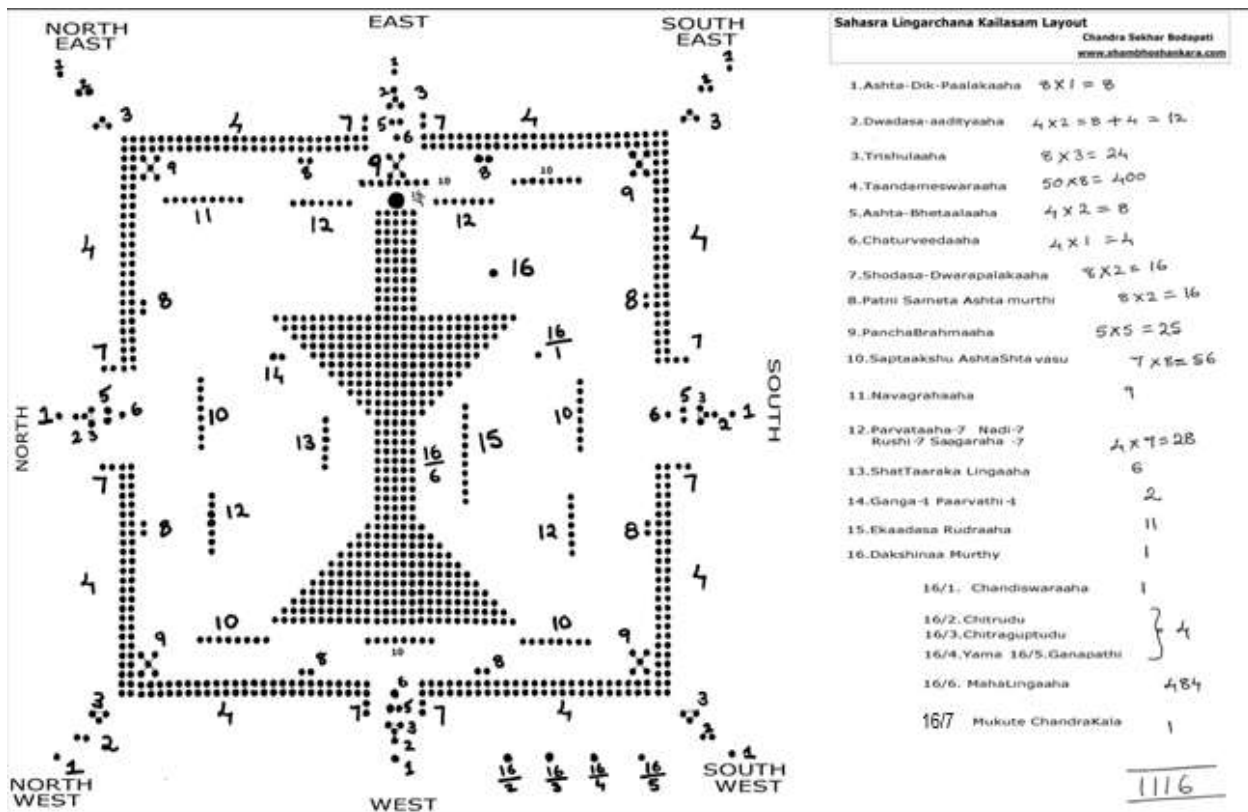
## A. Sahasralingarchana Kailasa Prastharam Layout document and backdrop pictures

<http://www.shambhoshankara.com/Documents/Sahasralingarchana%20Layout%20in%20English.pdf>

<http://www.shambhoshankara.com/Documents/SivaFamily.jpg>

<http://www.shambhoshankara.com/Documents/LordSivaBlackAndWhite.jpg>

<http://www.shambhoshankara.com/Documents/LordSivaColor.jpg>



**B. Sivalingam molds**

Type 1: Use plastic molds that can give 4 Siva lingams at a time.

Contact <http://www.shambhoshankara.com/Contactus.html>

Type 2: Just hand carve a siva lingam using clay as bana lingam or sthoola lingam



Bana lingam (oval shape)



Sthoola lingam (pillar shape)



Hand carved



Hand carved special siva lingams



Siva Lingam made from mold (Type 1)



Siva Lingam made from mold (Type 2)

## C. Items list for “Ganapathi Puja”

S.No.	Item	Quantity	Metric
1	Ganapathi prasadam (Undrallu / Kudumulu)	21	
2	Agarbathi	1	packet
3	Bell	1	
4	Betel / Paan Leaves	6	
5	Coconuts with water	2	
6	Cow Milk	8	oz
7	Cow Curd / Yogurt	8	oz
8	Honey	50	grams
9	Cow Ghee / Butter	4	oz
10	Sugar	4	oz
11	Deep cotton wicks	10	
12	Loose Flowers (never peel petals) Roses/Lilly/Ganneru/Chamanti	1	small tray
13	Fruits	12	
14	Sesame seeds (Til) Oil for Deepams	100	grams
15	Pramidalu/Deepams	2	
16	Haarathi plate	1	
17	Kumkuma	50	grams
18	Money Coins	6	
19	Dhothi + Uttareeyam/New Bath Towels(2)	1	
20	Nut powder	50	grams
21	Puja plate, water vessel, spoon	2	sets
22	Sandal wood powder	1	box
23	Small wet Turmeric Ganapathi	1	
24	Turmeric / Haldi	100	grams
25	Turmeric Akshatalu	100	grams
26	Water	1	liter
27	Yagnopaveetam / Janoi	1	
28	Kalasa Paatra/Steel Pot/Binde (reusable)	1	
29	Kalagam/Abhisheka Dravyam/Teertham powder(Elaichi+Clove+Edible camphor+Saffron+Turmeric powder+Dry dates powder)	50	grams
30	Mats (Aasana for Ritviks)	6	

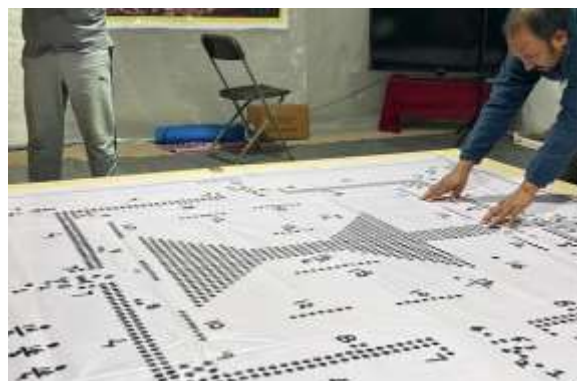
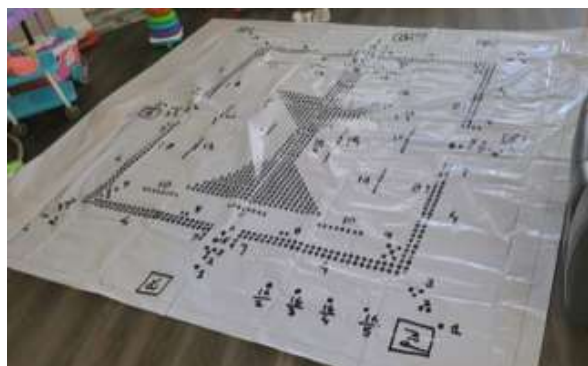


**D. Items list for “Making Mruthika Lingas”**

<b>S.No.</b>	<b>Item</b>	<b>Quantity</b>	<b>Metric</b>
1	Big aluminium / card board trays to move and arrange siva lingams. Free Sam's club/Costco (Any fruit trays)	20	
2	Cow Ghee / Butter	8	oz
3	Fine ground clay (preferably black clay big full trays)	5	
4	Plastic Play Bins <a href="https://www.walmart.com/ip/Sterilite-18-Gallon-Tote-Box-Plastic-Titanium/716536537">https://www.walmart.com/ip/Sterilite-18-Gallon-Tote-Box-Plastic-Titanium/716536537</a>	2	boxes
5	Fine Iron powder	10	grams
6	Flossing sharp edged picks to fine tune the siva lingams	1	packet
7	Kasturi	50	grams
8	Kumkuma	500	grams
9	Molds to make siva lingams if needed	25	
10	Red Sandal wood powder	50	grams
11	Rice flour	100	grams
12	Sesame oil	2000	ml
13	Sri Gandham (Camphor + Sandal wood powder mixture)	100	grams
14	Sugar	100	grams
15	Turmeric / Haldi	500	grams
16	Vibhudi / Bhasmam	500	grams
17	Water / water hose to clean up at the end	Few buckets	
18	White sesame seeds (Til)	100	grams
19	Javvadu	50	grams
20	Clay Filter (Jellada)	1	

### E. Items list for “Kailasa Prastharam / Yantram” arrangement document

S.No.	Item	Quantity
1	White King Size Flat Sheet Cotton Cloth	1
2	Kailasa Prastharam layout (Either 8ft x 8ft or 6ft x 6ft or 4ft x 4ft)	1
3	Kailasa Prastharam layout document printed copies	10
4	Kailasa Prastharam layout plywood frame (Either 8ft x 8ft or 6ft x 6ft or 4ft x 4ft). You can make them in 4 small tables of size 4ft x 4ft each to join them together.	1
5	10 ft Measuring tape in case of manual arrangement	1
6	Iron box to iron white blanket	1
7	Dhoti set to decorate border (2 sets)/Jari border (40 ft) of layout	1



## F. Kailasa Prastharam labels for 16 avaranas to easily identify during puja

Ashta Dik Paalakas	Ashta Dik Paalakas
Ashta Dik Paalakas	Ashta Dik Paalakas
Ashta Dik Paalakas	Ashta Dik Paalakas
Ashta Dik Paalakas	Ashta Dik Paalakas
Dwadasa Aadityas	Dwadasa Aadityas
Dwadasa Aadityas	Dwadasa Aadityas
Dwadasa Aadityas	Dwadasa Aadityas
Dwadasa Aadityas	Dwadasa Aadityas
Dwadasa Aadityas	Dwadasa Aadityas
Dwadasa Aadityas	Dwadasa Aadityas
Trishulas	Trishulas
Trishulas	Trishulas
Trishulas	Trishulas
Trishulas	Trishulas
Tandameswaras	Tandameswaras

Tandameswaras	Tandameswaras
Tandameswaras	Tandameswaras
Tandameswaras	Tandameswaras
Ashta Bhetalas	Ashta Bhetalas
Ashta Bhetalas	Ashta Bhetalas
Vedas	Vedas
Vedas	Vedas
Dwara Palakas	Dwara Palakas
Dwara Palakas	Dwara Palakas
Dwara Palakas	Dwara Palakas
Dwara Palakas	Dwara Palakas
Ashta Murthis	Ashta Murthis
Ashta Murthis	Ashta Murthis
Ashta Murthis	Ashta Murthis
Ashta Murthis	Ashta Murthis
Pancha Brahma	Pancha Brahma



Pancha Brahma	Pancha Brahma
Pancha Brahma	
Ashta Vasus	Ashta Ashta Vasus
Ashta Vasus	Ashta Ashta Vasus
Ashta Vasus	Ashta Ashta Vasus
Ashta Vasus	Navagrahas
Parvathas	Nadi / Rivers
Rishis	Sagaras
Shat Tarakas	Ekadasa Rudras
Ganga	Parvathi
Dakshina Murthy	Chandiswara
Chitra	Chitra Gupta
Yama	Ganapathi
Maha Lingam	Chandra Kala

## G. Items list for “Sahasralingarchana”

S.No.	Item	Quantity	Metric
1	Complete Ganapathi Puja items list needed	1	
2	Big Aluminium trays	2	
3	Bilwa / Tulasi / Sabja dalams leaves	150	
4	Coconuts with water	2	
5	Cow Milk	8	oz
6	Cow Curd / Yogurt	8	oz
7	Cow Ghee / Butter	4	oz
8	Long thick deep cotton wiks	25	
9	Dhavalakshatalu (Wet white Rice)	1000	grams
10	Plastic Play Bins. Empty baskets / boxes to collect fruits and flowers given by devotees	4	
11	Flower Garlands for Sahasra Lingaarchana layout	2	
12	Loose Flowers (never peel petals) Roses/Lilly/Ganneru/Chamanti	6	small tray
13	Fruits (small oranges/small apples)	80	
14	Sesame Oil (Til) for Deepams	500	ml
15	Deepams Big clay pramidalu	12	
16	Honey	4	oz
17	Kalasa Paatra/Steel Pot/Binde (reusable)	1	
18	Konch Shell (Blowing)	1	
19	Kumkuma	250	grams
20	Maha Nivedyam (1 plate food + 1 glass of water)	1	
21	Money Coins	80	
22	Dhothi + Uttareeyam/New Bath Towels(2)	1	set
23	Pattu Sarees for Ammavaru	2	
24	Beetel Nut halves/Chips	100	
25	Puja plate, water vessel, spoon	2 sets	
26	Puja plates for puja participants (Plastic)	20	
27	Sambhrani Dhoop / Dhoop sticks	1 packet	
28	Sandal wood powder	6	boxes
29	Siva Parvathi Ganapathi and Subrahmanya swami photo or Siva photo frame	1	
30	Small water bottles for puja participants	20	
31	Spoons for puja participants	20	
32	Sugar	4	oz
33	Tamboolam (2 Beetal leaves, 1 Beetal Nut, 1 money coin, 1 small fruit, 1 small flower)	80	sets

34	Turmeric / Haldi	500	grams
35	Turmeric Akshatalu	1000	grams
36	Water	2000	ml
37	Water bottles for priests to drink when needed	80	
38	Yagnopaveetam / Janoi	1	
39	Betel / Paan Leaves	200	
40	Bell on Mandapam	1	
41	Shankam(Konch shell) with peetham on mandapam	1	
42	Kalasa Paatra/Copper glass or vessel small on mandapam	1	
43	Mango leaves/Beetel leaves for Kalasam on mandapam	1	

**H. Items list for “Ekadasavara Rudrabhishekam”**

<b>S.No.</b>	<b>Item</b>	<b>Quantity</b>	<b>Metric</b>
1	Amla juice	8	oz
2	Cooked Rice. (Increased longevity, Comfortable life & Moksham)	16	oz
3	Ash/Vibhudi (Prosperity & removal of Sins)	8	oz
4	Big Aluminium trays	14	
5	Coconut water	8	oz
6	Cow Milk	16	oz
7	Cow Ghee / Butter	8	oz
8	Dates juice (Destruction of enemies)	8	oz
9	Empty card board boxes to put trays for puja(Pineapple or Banana or Apple boxes from Costco/Sams)	7	
10	Plastic Play Bins	2	
11	Ganga water	8	oz
12	Grape juice (Success in daily activities)	8	oz
13	Honey (Radiance)	8	oz
14	Mango pulp/juice (Reduction of terminal disease)	8	oz
15	Rudraksha water (Supreme wealth & Power)	8	oz
16	Sandal wood powder or paste water (Birth of Male Child)	8	oz
17	Sesame Oil (Avoid accidents)	4	oz
18	Sivalingams (3 to 6 inches)	7	
19	Sugar (Destruction of Sorrows)	8	oz
20	Sugarcane juice (Money)	8	oz
21	White rose flower water / Rose water (Real estate & wealth)	8	oz
22	Cow Curd / Yogurt	16	oz
23	Cotton Uttareeyam with border to put on abhishekam trays	10	
24	Cow Milk	1232	oz
25	Water	1232	oz



## I. Items list for “Rudra Homam”

S.No.	Item	Quantity	Metric
1	Agarbathi	1	packet
2	Bell	1	
3	Betel / Paan Leaves	6	
4	Bilwa / Tulasi / Sabja dalams leaves	108	
5	Black Sesame seeds	250	grams
6	Camphor chips	250	grams
7	Coconuts with water	2	
8	Cooked rice (2 cups)/ Thin Flattened Rice(Atukulu)(500 gms)	1	
9	Copper/Steel bowls for pouring Havan samagri, dhanyam, leaves etc.	6	
10	Cow Ghee / Butter	6	oz
11	Curd Rice Nivedyam	Medium Tray	
12	Darbha / holi grass (150 strings needed)	2	packets
13	Dried coconut chips	1000	grams
14	Dried whole coconuts	1	
15	Loose Flowers (never peel petals) Roses/Lilly/Ganneru/Chamanti	1	small tray
16	Bananas	12	
17	Cow Ghee / Butter	8	oz
18	Haarathi plate	1	
19	Havan Samagri	500	grams
20	Kumkuma	100	grams
21	Money Coins	2	
22	Nava dhanyam	250	grams
23	Nava Ratna	1	packet
24	Dhothi + Uttareeyam/New Bath Towels(2)	1	
25	Nut powder halves	50	grams
26	Wood Chips/Wood Chunks/Wood Logs(6) - non flavored	5	lbs
27	Poornahuti Red silk cloth	1	sq m
28	Puja plate, water vessel, spoon	1 sets	
29	Rice bag (Dhanya patra for Brahma) 20lb	1	
30	Rice flour	8	oz
31	Rice seedlings / Dhanyapu vadlu	100	grams
32	Sandal wood powder	2	boxes
33	Srukku (Big havan spoon)	1	

34	Sruvam (Small havan spoon)	1	
35	Turmeric / Haldi	100	grams
36	Turmeric Akshatalu	250	grams
37	Vasodhara (long wooden stick with a canal to pour Ghee)	1	
38	Vatti veru (dried sacred roots and herbs)	100	grams
39	Water	1000	ml
40	Yagnopaveetam / Janoi	1	
41	Bricks-45/Readymade Homa Kundam-1	1	
42	Sand (if bricks)	1	bag
43	2 ft x 2 ft plywood	1	
44	Long Tongs for Homam	1	
45	Wooden Spoon(Gareta) for Homam Ghee	1	
46	Brass vessel for Ghee (2kgs Paramannam Ginne)	1	









Namas Shambhave Cha Mayobhave Cha Namah Shankaraya Cha Mayaskaraaya Cha Namah Shivaaya Cha Shivatharaaya Cha

Namas Shambhave Cha Mayobhave Cha Namah Shankaraya Cha Mayaskaraaya Cha Namah Shivaaya Cha Shivatharaaya Cha

Namas Shambhave Cha Mayobhave Cha Namah Shankaraya Cha Mayaskaraaya Cha Namah Shivaaya Cha Shivatharaaya Cha

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M. Lord Siva Photos

<http://www.shambhoshankara.com/Viewimages.html>



## N. Invitation templates document

"Shambho Shankara Hara Hara Mahadeva"

Sreerastu Shubhamastu

Dear Friends and Rudram Chanting Rudradhyayees,  
Namaskaram.

Sahasra Lingarchana is a unique ritual that is performed to lord Shiva by creating Kilasa Prasthara Yantra with 1,116 mruthika siva lingams arranged in 16 avaranas and invoking Rudra swaroopam energy in each of the sivalingam and worshiping lord shiva in the name of "Sri Uma Pardhiveswara Swami" to bless us with Brahmanandam, Mukti and Siva Sannidhyam.

This year during this holy month of Karteekam we all are blessed with an opportunity to celebrate Sahasra Lingarchana at our **{Host and wife}** home in **{Location Name}**. We cordially welcome you all to participate in puja and join us in chanting Rudram to worship "Shri Uma Pardhiveswara Swami".

Date: {Saturday, 16th November 2013}

Time: 5:30 AM

Address: {Complere Address goes here with url to GOOGLE map}

Land mark: {Land mark google maps url goes here to identify the place}

Phone: {All phone numbers go here}

The puja starts SHARP at 5:30AM and continues as follows.

- 5:00 AM – 5:30 AM Group Sandhyavandanam for people with Yagnopaveetha sampradayam.
- 5:30 AM - 6:00 AM Sankalpam & Ganapathi pooja
- 6:00 AM - 7:30 AM Mahanyasam
- 7:30 AM - 9:00 AM Breakfast
- 7:30 AM - 9:00 AM Sodasa Avarana puja & Sahasra Lingarchana
- 9:00 AM - 11:30 AM Ekadasavara Rudra Abhishekam
- 11:30 AM - 12:00 AM Shantivarabhishekam and punah puja
- 12:00 PM Maha Prasadam for devotees
- 12:00 PM - 2:00 PM Rudra Homam
- 2:00 PM – Rithviks Maha Prasadam

We request that people participating in Puja & Abhishekam to come in the following attire:

Men - Dhoti/Pancha and Uttareeyam/Kanduva.

Women - Preferably Pattu Saree.

I sincerely request all Rudram chanters to participate in this program from the beginning if possible.

Please RSVP your name as early as possible to accommodate the arrangements and preparations. Please feel free to contact me if you have any questions or concerns.

Thanking you all,

Yours

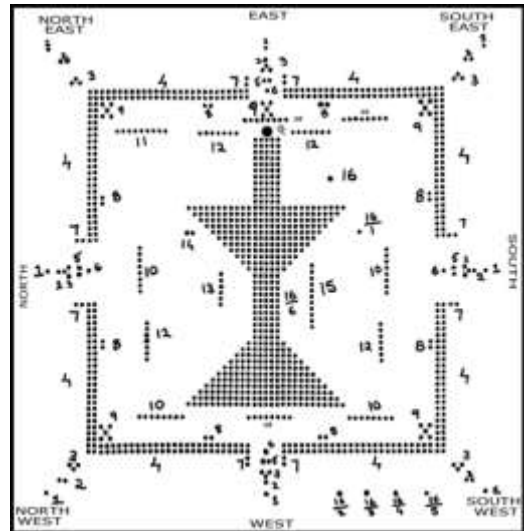
{Name and Contact information goes here} attach a photo as shown below

**0. Souvenir template document**

**Sahasra Lingarchana 2013**



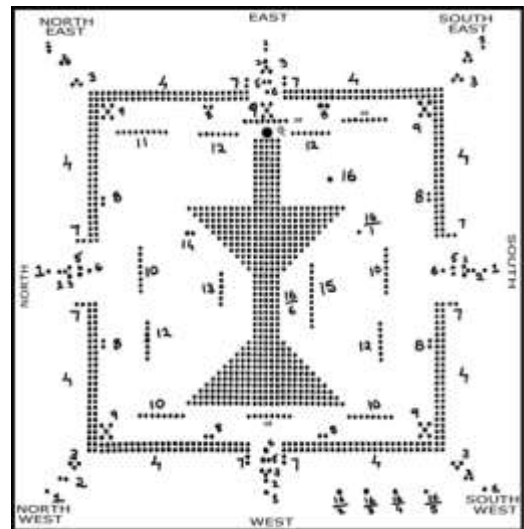
With best compliments from  
**Chandra Sekhar Bodapati and family**  
Thank you



**Sahasra Lingarchana 2013**



With best compliments from  
**Chandra Sekhar Bodapati and family**  
Thank you





**P. SahasraLingarchana Puja Kalpam step by step guide**

[http://www.shambhoshankara.com/Documents/SahasraLingarchana\\_StepByStep.pdf](http://www.shambhoshankara.com/Documents/SahasraLingarchana_StepByStep.pdf)

**Q. Radio Speech on Sahasra Lingarchana**

<http://www.shambhoshankara.com/Audio/SahasraLingarchanaOnRadio.mp3>

**R. Additional Resources: Photos, Scriptures and Guides**

<http://www.shambhoshankara.com>

**S. Contact References**

Chandra Sekhar Bodapati  
1268 Tioga Drive  
Irving, TX – 75063  
USA

214-402-8510

[chanduanil@hotmail.com](mailto:chanduanil@hotmail.com)  
[chandubodapati@gmail.com](mailto:chandubodapati@gmail.com)

[www.shambhoshankara.com](http://www.shambhoshankara.com)

**Thank You**

